**Only Jesus \* Always Compassion \* Daily Develop**

***RU Leader's Commitment Agreement***

The role of the RU Leader is an integral part of the RU Recovery Program. An RU Leader's job description contains duties associated with the Second Talk group, the 300 Club, the 2-3-4 Plan, the RU curriculum, and a personal walk with the Lord.

The RU Leader reports to the RU Director on all matters with their group.

**Essential Duties and Responsibilities of the RU Leader as a Student**

* It is imperative to remember that EVERYONE is a student.
* It is the responsibility of the Leader to lead by example. The RU Leader needs to be the model student in the group.
* A Leader should complete at least one challenge weekly,
* Participate by filling out the weekly 300 Club Score Card,
* Wear their awards,
* And be willing to share successes and failures in their personal life with other students. (It is not necessary to share all the "details," but each Leader should be transparent.)

**Essential Duties and Responsibilities of a RU Leader**

* As a RU Leader, you must have a personal walk with God!
* As a RU Leader, it is your responsibility to complete the 2-3-4 plan and submit it to the RU Secretary/Director weekly.
* You should attend class faithfully and always alert the Director as soon as possible when planning a vacation or if illness prohibits your attendance.
* A Leader must lead the group by following the 6 "P's" on the itinerary. (See attached itinerary.)
* You are responsible for seeing that a 300 Club card is collected from everyone in the group (including the Leader and Helper) and given to the RU Secretary.
* An RU Leader must have a thorough understanding of the RU curriculum and encourage the students to participate in every way.

**Class Environment**

* The Second Talk Class should be a fun yet serious environment. There will be times when a student shares a victory, and everyone celebrates with them. There will also be times when a student shares a personal struggle, and everyone cries or prays with them. (Romans 12:15)
* The Leader needs to help everyone understand their responsibility to do challenges, bear one another's burdens, and see victory through the Christ-life.

**Warnings**

* Students are not permitted to change groups. Each student should be assigned to the group that best allows them to grow. A student should only be allowed to change groups if determined to be in their best interest. Students should NEVER change groups on their own.
* "What is said in the room STAYS in the room." This rule is essential. A group must be a safe place for everyone to share burdens and seek help.

PLEASE NOTE: Most states require certain statements to be reported to local authorities. Typically, this is regarding self-harm or child abuse. It is YOUR responsibility to report any suspicions to your RU Director and authorities as the laws in your state require. It is the RU Director and Church leadership's responsibility to inform everyone of this requirement.

* A Leader should only keep a student out of Third Talk for one reason. The only reason a student should be held back during Third Talk is if you are taking them through the plan of salvation. Remember, God knows what they need!
* A Leader should never give advice that is expressly contrary to the student's advice from another authority in their life. For example, you should never advise a student to stop taking a medication that a doctor prescribed to them. Additionally, if a student receives advice/counsel from the RU Director or their Pastor, do not tell them to do something different. Satan would love for nothing more than for all authority to be torn down in a person's life

**Education**

* Watch and be familiar with the Second Talk Training of RU. (if available) This resource, and all RU materials, are protected by copyright and are the property of RU Recovery Ministries. You may not copy, reproduce, distribute, publish, display, modify, transmit, or produce in any format, unless written permission is granted by RU Recovery Ministry/Program.

**I have read the Leader's Commitment Agreement and agree to follow it and be used of the Lord in this capacity.**

**\_\_\_\_\_\_\_\_\_\_\_ to \_\_\_\_\_\_\_\_\_\_\_.**

Date/Year Date/Year

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Leader’s Full Name Date

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Director’s Full Name Date

**2nd Talk Challenge Group Itinerary**

(40 minutes in length)

NOTE: This itinerary should be followed during the 2nd Talk Men's and Women's groups.

**I. 1 minute - PRAYER**

* Open with a short word of prayer and ask for God's blessing on the group.

**II. 10 - 15 minutes - PARTICIPATE**

* Leaders and Students should participate weekly in the challenge books.
* Ask: *"How many challenges do you have prepared for this week?"* (Have students signify with their fingers how many challenges they have prepared)
* Sign off on challenges and lead by example! (Leaders and Helpers should have at
* least one challenge done per week.)
* Make a big deal out of those that have challenges
* Approach students without challenges. Encourage them to participate.
* Be on the lookout for a student who may be stuck on a challenge. Work with them and, if needed, allow them extra "helps" to keep them moving forward.

**III. 3 minutes - PROGRESS**

* Have everyone fill out and turn in the 300 Club Score Card.
* Check the awards section on the back of 300 Club Card.
* The Leader should keep the ***300 Club*** ***Recent History Report*** sheet, ***2-3-4 Plan*** sheet, and ***BAM report*** and submit the previous week's 2-3-4 Plan to the RU Secretary.
* Put completed scorecards in the group's folder and give to the RU Secretary.

**IV. 10 - 15 minutes - PERSONALIZE**

* This time should be opened up with this statement: "*What is said in this room stays in this room. This part of our class is 100% confidential.*"
* Ask the students to talk about their week, their job, their accountability, their struggles, and their recovery progress as they take turns sharing.
* Share something personal from the past week and encourage transparency.

Discussion Ideas:

1. Ask how certain principles may apply to situations.
2. Ask students to share their favorite med card from the past week.
3. Ask them to share a praise that they didn't give in 1st Talk.

**V. 5 minutes - PRESCRIPTION**

a. Summarize the class and offer a group prescription in areas the class is weak in, as shown in the *300 Club Recent History Report* sheet.

b. Invite all students to attend the 2nd RU class on Sunday morning.

c. Go over 2-3-4 plan and encourage the group to reach out to those missing.

**VI. 1 minute - PROTECTION**

a. Offer a prayer for protection for those things we struggled with the previous week.

b. Matt 6:13 "And lead us not into temptation, but deliver us from evil:"