Home Recovery Group

**Challenges:**

**Challenges we face in the RU Program:**

* Getting them in the door
* Getting them to church
* Helping those that struggle
* The need for developing workers.
* Some people won't even try RU because it is held at a church
* Only about 20-25% of first time RU guests return for a 2nd visit.
* Some students struggle to get connected in RU -- they attended a meeting for a few weeks and dropped off without trying the program as it was designed (challenges, DJ, church).
* Need to develop more leadership and more workers. Need to start new groups and some groups have no helpers.
* Many Friday night Students do not attend Sunday morning Over comers Class -- some aren't making the transition from RU to Overcomer to church.
* We have been doing the same outreach for 2 years and none of the above elements have changed.

**Solution:** Find a new outreach model that appeal to those who are searching for recovery; who are nervous about attending a church program or are struggling to get connected to the Friday night group; and that will help develop leadership in the process.

* Target those you can’t get to come to RU; those who came once or twice; those struggling.
* Use it to develop leadership.

What is that outreach model? **Home Recovery Group (aka. Bible Study)**

* Offer a less intimidating environment for those not willing to come to a church program.
* Offer a situation where students can get more discipleship. Help teach these students the importance of participating in RU (challenges, DJ, attending church).
* Allow students who aren't plugged in to meet some church folks; talk about the Overcomers class and church attendance.
* Use this outreach and discipleship opportunity to train more leaders.

**WHO SHOULD ATTEND:**

* Always have those addicts you know about that you just can’t in the door – invite to HRG.
* Friday night students who are not plugged in: not doing curriculum; not attending church.
* Those who have come to RU one time, but not returned.
* Sign up 2-4 "workers": need at least two who will host a group next session; will have some that need to serve in a support role for a session or two before they are ready to lead. Workers will be given responsibilities designed to help them learn.

**What is the ideal environment?**

* Home – aka Home Recovery Group
* Relaxed
* Cofee/ refreshments
* Friendly
* Home, chairs in a circle, relaxed, coffee, muffins/cookies

**What will the Home Recovery Group do?**

* A Bible study using Recovery without Relapse. The title of this alone will draw some people in.
* The HRG will emphasis the tools available to the student: God's word (challenges, DJ); God's support group (the church). As we have learned the best way to get students involved in things is not just to keep stating they need to do it, but show them HOW it will change their life. RU Participation and Church attendance will be two HUGE points of emphasis.
* Outreach and discipleship.

**What do you do in HRG?**

1. Handout with 10 Principle, discussion questions, and next week’s assignment.
2. Small talk to break the ice and get to know one another. (5-10 minutes)
3. 10 Principles done by worker in training (short – 5 minutes).
4. What is said in the room stays in the room. Remind them each week.
5. Don’t “teach” the lesson – discuss the lesson.

**Format:**

* Handout with 10 Principle, discussion questions, and next week’s assignment.
* Some small talk to break the ice and get to know one another. (5-10 minutes)
* Worker you are training – spend 5-6 minutes discussing the 10 Principle for the night (what God has shown them).
* Remind everyone that any discussion needs to stay here so all will share freely.
* Don’t “teach” the lesson – you can bring out some keep points that lead you into the discussion points.
  + Allow the students to share what they learned.
  + Allow the students to share areas where they are struggle.
  + Provide Biblical counsel (the Truth makes free).